

How to tie the obi (belt.)



Step 1. Find the middle point of the belt.

Step 2. Place the mid-point of the belt in middle of waist and wrap both ends around you.



Step 3. Bring both ends around to the front of the body. The belt can either overlap in the back, or you can tuck it under so that the right hand side is on top.

Step 4. Cross belts over each other in front. The right hand side should be on top of the left hand side.





Step 5. Take the right hand side and tuck under from the bottom wrapping up and around both layers of belt.

Step 6. Now make sure that both ends are the same length. Adjust the belt if needed.



Step 7. Fold the left side across in front. Take the right side and cross over the top of the left side, circling around and up through the center of the knot that is forming.



Step 8. Now pull the ends tightly to cinch the knot. If the belt ends tend to point up. Loosen the knot and roll the belt over, then re-tighten.



The finished Ipadori (knot)